

Detail Of employee

Name of the department- Munafeul Aza (physiology unani)

Name- Dr. Nazmeen

DOB- 15/03/1975



Teacher code- UNKL00093

Registration no- 10587

Education qualification- BUMS,MD

Designation- Associate Professor

Date of Joining- 24/03/2009

Experience- 15 years

Contact no- 9354925028

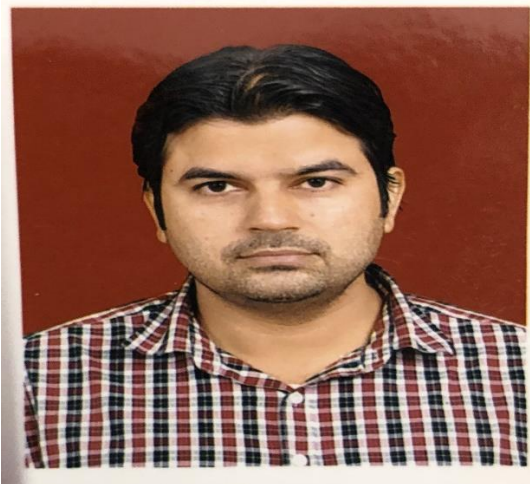
Email ID- nazmeendr@gmail.com

Publications- 34 research papers, 2 books

PG departments- present

List of students- Dr. Danish, Dr. Sarwar, Dr. Zeenat, Dr. Saleem, Dr. Iqra, Dr. Saman, Dr. Rishi, Dr. Kaleem, Dr. Ehtesham, Dr. Fizza, Dr. Uzma, Dr. Neelofer, Dr. Waseem, Dr. Lal Bihari, Dr. Nuzhat, Dr. Salman, Dr. Jitin, Dr. Rashid

Department speciality- Research in Physiology Unani

Name of Department	Department of Manafeul Aza
Name	Dr DANISH K CHISHTI
Date of Birth	05/05/1982
Photo	
Teacher Code	UNMF00014
Reg. No	DBCP/U/9158
Edu. Qualification	BUMS,MD
Designation	Assistant Professor
Date of Joining	06/02/2024
Experience	5 years
Contact No.	9716562594
Email Id	danishchishti2000@gmail.com
OPD Days and Timings	
PG Department Present/Absent	Present
List of students and Thesis Title	
CME Seminars/Conferences etc Programme conducted by Department	

Any Awards or appreciations received,if any	
Department specialty in Brief	
List of Publications	International Research Papers : 17 International Published Books: 07 Indian Published Book: 1
International Research Papers : 17 1) Published research paper entitled as “Clinical Impacts of Cupping Therapy in Psoriasis” in Advances in Applied and Pharmaceutical Sciences Journal (May 2018). 2) Published research paper entitled as “Hypertention and its management through Alternative Regimes of Unani Medicine.” In Research in Pharmacy and Health Sciences. (January 2017) e-ISSN : 2455-5258 3) Published research paper entitled as “Tabasheer (Bambosa Arudinacea) : a review in journal of the international society for the history of Islamic medicine. (April 2013) ISSN (1303-667x) 4) Published research paper entitled as “Incredible therapeutic benefits of Glycirrhaiza Glabra” in pro journals.(July 2013). PRINT ISSN No. 2250 - 1991 5) Published research paper entitled as “Granules formation of Majoon Arad Khurma prepared with Stevia Rebaudiana as sweetening agent and its standardization in global journal of medical research (USA).(Oct 2013) Print ISSN : 0975-5888 6) Published research paper entitled as ”Clinical efficacy of Tukhme Karfas in the Management of Spasmodic Dysmenorrhoea” in FS Publications.(Nov 2013)	

- 7) Published research paper entitled as "Concept of Contraception in Unani Medicine" in International Journal of Pharmacy. (Jan 2012).
PRINT ISSN No. 2250 - 1991
- 8) Published research paper entitled as "To evaluate the clinical efficacy of tila e hadaf in the management of erectile dysfunction" in global journal of medical research (USA) (Nov 2012).
Print ISSN:0975-5888
- 9) Published research paper entitled as "An Antibacterial Activity of Raphanus Sativus linn seed extract" in global journal of medical research.(USA)(Dec 2012) Print ISSN:0975-5888
- 10) Published research paper entitled as "The Incredible Health Benefits of Saffron" in Indoglobal Research Library.(April 2011).
- 11) Published research paper entitled as "Incredible Medicinal use of Black Pepper: A view" In PARIPEX : Indian Journals of Research Volume 9 Issue 7,july 2020.
- 12) Published research paper entitled as "Glyciraahiza Glabra(Liquorice):Astaunding Medical benefits" in PARIPEX : Indian Journals of Research Volume 9 Issue 7,july 2020. PRINT ISSN No. 2250 - 1991
- 13) Published research paper entitled as "A socio Demographic study of schedule caste in certain areas of Delhi under Schedule Caste sub Plan(SCSP) Mobile Healthcare Programme" in PARIPEX : Indian Journals of Research Volume 9 Issue 11,Nov 2020. PRINT ISSN No. 2250 - 1991
- 14) Published research paper entitled as " THERAPEUTIC POTENTIAL HEALTH BENEFITS OF AJWAIN (TRACYSPERMUM AMMI L.) in PARIPEX : Indian Journals of Research Volume 10, Issue 12, Dec 2021 PRINT ISSN No. 2250 – 1991
- 15) Published research paper entitled as "HEALTH STATUS OF CERTAIN AREAS OF NEW DELHI UNDER SCSP & TSP PROGRAMME" in INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH Volume 11, Issue 08, Aug 2022 PRINT ISSN No. 2277 - 8179
- 16) Published research paper entitled as "Zeeq Un Nafas (Asthma) and their Understanding in the Past: Unani Concept" in Global Journal of Science Frontier Research: A Physics and Space Science Volume 22, Issue 5, Oct 2022 Print ISSN: 0975-5896

- 17) Published research paper entitled as “Integrative approaches to managing dysmenorrhea: a comprehensive review of unani medicine” in PARIPEX - INDIAN JOURNAL OF RESEARCH
Volume- 13, Issue - 03 March – 2024,
ISSN : 2250 – 1991

International Published Books: 07

- 1) International published book entitled “History of Arthritis Clinical features, Diagnosis and Management” [ISBN NO: 978-3-659-16630-3]
Publisher : Lambert Academic Publishing(Germany)
- 2) International published book entitled “Temperamental approach of medical disorders in unani prospective. [ISBN NO: 978-3-659-13848-5]
Publisher : Lambert Academic Publishing(Germany)
- 3) International published book entitled “To evaluate the efficacy of tila e hadaf in the management of ED”. [ISBN NO: 978-3-659-26077-3]
Publisher : Lambert Academic Publishing(Germany)
- 4) International published book entitled “ Common medical disorders of urogenital system”
[ISBN NO : 978-3-659-14452-3]
Publisher : Lambert Academic Publishing(Germany)
- 5) International published book entitled ““An Analytical study of Pulmonary Functions in Healthy Young Adults of Different Mizaj”[ISBN NO : 978-1505987584]
Publisher : Lambert Academic Publishing(Germany)
- 6) International published book entitled “The Premier Advance: MCQ's for Post Graduation Unani Entrance Examination”[ISBN NO :9781545150450]
Publisher : Academic Independent Publishing Platform, South Carolina, North Charleston, USA
- 7) International published book entitled “The Premier Advance” MCQ for Post Graduation unani Entrance examination ISBN 13: 9781545150450

Indian Published Book: 1

- 1) Indian published book entitled “ The Pioneer” MCQ for Post Graduation. Publisher : Idara Kitab ul Shifa (New Delhi)

Name of Department	Munafeul Aza
Detail of faculties	
Name	Mohd Saleem
Date of Birth	04-01-1991
Photo	
Teacher Code	UNMF00011
Reg. No	2102(U)
Edu. Qualification	1. B.U.M.S. A& U Tibbia College, Delhi University, Delhi, 2010-17 2. MD, Munafeul Aza, A& U Tibbia College, Delhi University, Delhi, 2017-2020
Designation	Assistant Professor
Date of Joining	02-02-2024
Experience	1. Assistant Professor, Jamia

	Tibbiya Deoband, Uttar Pradesh, May 2022-October 2023
Contact No.	9711110137
Email id	mdsaleemchouhan1@gmail.com
List of Research publications	1. <i>"Study of sleep, wake pattern in healthy individuals with reference to different Mizaj"</i> , International Journal of Unani and Integrative Medicine, pp 14-17, 2020
OPD days and timings	NA
PG Department present/absent	Present
List of Students/Thesis title	-
CME Seminars/ conferences etc conducted by Department	-
Any awards or appreciations received if any	-
Department speciality in brief	Blood, Cardiovascular System

Name	Dr. Saad Ahmed
Date of Birth	07.04.1987
Photo	
Teacher Code	UNMF00025
Regn. No.	DBCP/U/7644
Edu. Qualification	BUMS, MD (<i>Manafeul Aza</i>), DHM
Designation	Assistant Professor
Date of Joining	19.02.2026
Total Experience	9 yrs+ (As on March 2026)
Contact No.	8010617508

Email ID	saadahmed460@gmail.com
OPD Days	Tuesday & Thursday (Stress Management OPD-Unani), A & U Tibbia College & Hospital, Karol Bagh, New Delhi-110005
List of Books/Research Publications	<u>Published Books: -</u> • “Compendium on Patents awarded to CCRUM” published by the Central Council for Research in Unani Medicine, Ministry of Ayush, Govt. of India in 2021 • “Gout: Disease of the Kings” published in 2023 <u>Published Papers: -</u> 1. Ahmed S, Fatima L, <i>et al.</i> Study of Motor Nerve conduction of Ulnar Nerve in Young Healthy Individuals of Different Temperaments. International Journal of Physiology, Nutrition and Physical Education, 2018;3 (2): 1160-63. 2. Ahmed S, Fatima L, Shamim. Nerve Conduction-A review. International Journal of Physiology, Nutrition and Physical Education, 2019; 4 (1): 664-668. 3. Ahmed S, Fatima L, <i>et al.</i> Mizaj and Motor Nerve Conduction-A Review. World Journal of Pharmaceutical Research, 2017; 6 (6). pp. 497-505. 4. Ahmed S, Khan AA, <i>et al.</i> <i>Gokhru</i> (<i>Tribulus terrestris</i> Linn.): Pharmacological actions and therapeutic applications: A Review. International Journal of Herbal Medicine. 2020; 8 (4); 25-29. 5. Ahmed S, Shamim, Fatima L, <i>et al.</i> <i>Riyazat</i> (Exercise): An Ancient Gem of Unani Regimenal therapies for Preservation of Health. International Journal of Physiology, Nutrition and Physical Education. 2022; 7 (2):01-07. 6. Saifi N, Ahmed S. Physiological Variation of Thyroid Hormones (T3 & T4) in Non-Vegetarian and Lacto-Vegetarian Diet Individuals. International Journal of Physiology, Nutrition and Physical Education. 2017; 2 (2); 90-92. 7. Shamim, Ahmed S, Fatima L. Medicinal properties of <i>Moringa oleifera</i> (<i>Sahajna</i>): A review. The Pharma Innovation Journal. 2018; 7(10): 311-316. 8. Naaz F, Ahmed S. Integration of Unani Medicine in Cancer Management. World Journal of Pharmaceutical Research, Vol.-6, Issue-6, 2017. pp. 450-461. 9. Fatima L, Sultana A, Ahmed S, <i>et al.</i> Versatile uses of novel herb <i>Kharekhask</i> (<i>T. terrestris. L.</i>) in Ethnomedicine. World journal for pharmaceutical research, Vol.-4, Issue-4, 2015. pp. 471-478 10. Fatima L, Saraswat D, Ahmed S. Unani Medicine & Yoga Therapy in the Management of Primary Dysmenorrhea- A Case Series. Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha & Homeopathy. 2018; 7(2): 15-19. 11. Shamim, Ahmed S, L. Pharmacological actions and therapeutic benefits of <i>Thuhar</i> (<i>Euphorbia nerifolia</i>): A review. The Pharma Innovation Journal. 2018; 7(9):221-226.

	12. Shamim, Ahmed S, Fatima L. Pharmacological actions and therapeutic uses of <i>Aak</i> (<i>Calotropis procera</i>): A review. The Pharma Innovation Journal. 2019;8(2): 40-47. 13. Saifi N, Alam S, Ahmed S. Leech therapy: Modern and Unani medicine perspective. World journal of pharmacy and pharmaceutical sciences. 2015; 4 (2):796-802 14. Shamim, Ahmed S, Fatima L. <i>Sambhaloo</i> (<i>Vitex negundo</i>): Pharmacological Actions and therapeutic benefits: A review. The Pharma Innovation Journal. 2018; 7(9): 330-336. 15. Fatima L, Sultana A, Ahmed S, <i>et al.</i> Pharmacological activities of <i>Tribulus terrestris</i> Linn: a systemic review. World Journal of Pharmacy and Pharmaceutical Sciences. 2015; 4 (2): 136-150 16. Shamim, Ahmed S. Medicinal properties of <i>Kunjad</i> (<i>Sesamum indicum</i>): A review. The Pharma Innovation Journal. 2019; 8 (4): 926-931. 17. Shamim, Khan AA, Amanullah, Ahmed S. Elderly care in Unani Medicine. Hippocratic Journal of Unani Medicine. 2018; 13 (4): 25-36. 18. Shamim, Khan AA, Amanullah, Akhtar J, Ahmed S. Anti-Inflammatory, Analgesic and Antimicrobial Activities of Classical Unani Formulation <i>Raughan-e-Haft Barg</i>: A Review. International Journal of Pharmacy and Biological Sciences-IJPBS. 2020;10 (2): 308-316. 19. Shamim, Khan AA, Amanullah, Ahmed S. <i>Rawghan Chahar Barg</i>-A Classical Unani Formulation having Anti-inflammatory, Analgesic and Anti-microbial Activities: A Review. Hippocratic Journal of Unani Medicine. 2019;14 (1):17-28. 20. Shamim, Khan AA, Amanullah, Ahmed S. Pharmacological actions and therapeutic benefits of <i>Babunah</i> (<i>Matricaria chamomilla</i> L.): A Review. Hippocratic Journal of Unani Medicine. 2019;14 (2): 15-31. 21. Khan AA, Ahmed S, <i>et al.</i> Covid-19 Pandemic: Scope of Unani Medicine with special reference to Unani decoction for <i>Nazla Wabai</i>. International Journal of Herbal Medicine. 2021; 9(1): 34-36. 22. Khan AA, Kumar P, Ahmed S, <i>et al.</i> Novel coronavirus (COVID-19) etiological characteristics, clinical manifestations and Unani management. International Journal of Herbal Medicine. 2021; 9(1): 111-114. 23. Shamim, Ahmed S, Amanullah, <i>et al.</i> Medicinal properties of <i>Āmla</i> (Fruit) <i>Phyllanthus emblica</i> L – Unani medicine for promotion of longevity and healthy ageing: A review”. International Journal of Herbal Medicine. 2022; 12 (3): 28-32.
Awards/Appreciation Received	1. Appreciation award from Joint Secretary, Ministry of Ayush, Govt, of India during Unani Day 2018 (organized by Ministry of Ayush, GoI) at New Delhi 2. AIMIL Scholarship/Award in 2007
PG Department Present/Absent	Present

List of Students & Thesis Titles	<u>Batch-2022</u> Dr. Lal Bihari: An observational analytical study of Serum Uric acid in healthy individuals with reference to different Mizaj Dr. Mohd. Waseem Saifi: An observational analytical study of PR interval in the ECG of young adults with reference to different Mizaj. Dr. Nuzhat: An observational analytical study of Lipid Profile in healthy individuals with reference to different Mizaj <u>Batch-2023</u> Dr. Jitin Kumar Sagar: An observational analytical study of Serum vitamin B12 in young adults with reference to different Mizaj Dr. Salman: An observational analytical study of Serum HbA1C in young adults with reference to different Mizaj Dr. Rashid Fazal: An observational analytical study of Serum Testosterone in young male adults with reference to different Mizaj <u>Batch-2024</u> Dr. M. Tariq: Development of an AI based facial feature recognition tool for Mizaj determination Dr. Farheena Ansari: An observational analytical study of Serum Cortisol level and impact of stress level in healthy individuals with reference to different Mizaj Dr. Mohd. Nadeem: An observational analytical study of Hepatic transaminase (SGOT/SGPT) Ratio in young adults with reference to different Mizaj <u>Batch-2025 (Thesis topics not decided yet)</u> Dr. Sabahat Dr. Tanveer Dr. Asadullah
CME/Seminars/Conferences etc. conducted by Department	-
Department specialty in brief	Post-Graduate Department of <i>Manafeul Aza</i> (Unani-Physiology) at the Ayurvedic and Unani (A&U) Tibbia College in New Delhi is a prestigious center for advanced studies in the functional aspects of the human body according to Unani principles. Established under the Faculty of Ayurvedic & Unani Medicines at the University of Delhi, the department bridges ancient Greco-Arabic medical theories with modern physiological advancements. In addition to Undergraduate (BUMS) teaching, 12 PG Scholars (as on March 2026) (full time) are enrolled in the department engaged in various research undertakings.