DEPARTMENT OF ILAJ BIT TADBEER(REGIMENAL THERAPY)

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| **S. No.** | **Details** | **DEPARTMENT OF ILAJ BIT TADBEER** | |
| 1. | Name of the Department: | Department of Ilaj Bit Tadbeer | |
| 2. | Details of Faculties | 02 Faculties present | |
| 3. | Name | Dr. Mohammad Arshad Ansari | Dr. Fatima Khan |
| 4. | Date of Birth | 12/07/1962 | 10/03/1994 |
| 5. | Photo: |  | C:\Users\User\Downloads\WhatsApp Image 2025-02-25 at 12.38.46 PM.jpeg |
| 6. | Teachers Code | UNKL00050 | UNIB00021 |
| 7. | Registration No | BU8840 | DBCP/U/10246 |
| 8. | Educational Qualification | BUMS, M.D. in Kulliyat wa Ilmul Amraz | BUMS, M.D. in Ilaj Bit Tadbeer |
| 9. | Designation | Associate Professor | Assistant Professor |
| 10. | Date of Joining | 19/03/2001 | 16/02/2024 |
| 11. | Experience | 24 years | 01 year, 10 days |
| 12. | Contact No | 9990321472 | 9354137383 |
| 13. | Email Id | drarshad29@gmail.com | [drfatimakhan021@gmail.com](mailto:drfatimakhan021@gmail.com), [fatimakhan.22@delhi.gov.in](mailto:fatimakhan.22@delhi.gov.in) |
| 14. | List of Research Publications | 20 | 12 Published, 06 are in pipeline |
| 15. | OPD days and Timing | Monday, Tuesday and Wednesday from 09 a.m to 01 p.m | Thursday, Friday and Saturday from 09 a.m to 01 p.m |
| 16. | PG Dept present/absent | Absent | |
| 17. | CME, Seminars, Conferences etc programmes conducted by Dept | Nil | |
| 18. | Any awards or appreciations received if any | - | 1. Received appreciation for organizing monthly Hijama camps, Ilaj Bit Tadbeer Workshops, as organizing secretary for World Unani Day, as a co-convener in the National Workshop at AMU  2. Expert member for framing competency based curriculum and syllabus in the subject of Ilaj Bit Tadbeer PG by NCISM  3. Expert member for the development of SoP on *Munzij Mushil* Therapy by CCRUM  4. Delivered lectures on various topics as Resource Person  5. Performed Live Demonstration on various Cupping methods as a Resource Person |
| 19. | Dept. Speciality in brief | Management of Musculoskeletal Disorders, Management of Pain, Management of Lifestyle Disorders, Management of Metabolic Disorders, Neuromuscular Rehabilitation, Scientific Validation of Regimenal Procedures | |