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| **Name of Department** | **DEPARTMENT OF ILMUL SAIDLA** |

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| Details of Faculties | | | | |
| **Name** | DR. MOHD NAUMAN SALEEM | DR. ASIF IQBAL SIDDIQUI | DR. SEEMA RANI | DR. DAVINDER KUMAR |
| **Date of Birth** | 26.04.1986 | 30.08.1974 | 04.01.1987 | 10.06.1986 |
| **Photo** |  |  |  |  |
| **Teacher Code** | UNSD00020 | UNID00096 | UNSD00015 | TCRU000057532 |
| **Reg. No.** | DBCP/U/7403 | 004020-CCIM | DBCP/U/9501 | 16725 |
| **Edu. Qualification** | BUMS, MD (ILMUL SAIDLA), MPH | BUMS, MD (ILMUL ADVIA) | BUMS, MD (ILMUL SAIDLA), PGDPRA | BUMS, MD (ILMUL ADVIA) |
| **Designation** | ASSISTANT PROFESSOR & HEAD OF DEPARTMENT | ASSOCIATE PROFESSOR | ASSISTANT PROFESSOR | ASSISTANT PROFESSOR |
| **Date of Joining in College** | 16.10.2019 | 14.05.2013 | 18.10.2023 | 10.04.2024 |
| **Total Experience** | 9 YEARS 6 MONTHS | 19 YEARS 11 MONTHS | 9 YEARS 2 MONTHS | 5 YEARS |
| **Contact No.** | 9354925060 | 9718870875 | 9818741995 | 7906267364 |
| **Email-id** | [naumansaleem.autch@gmail.com](mailto:naumansaleem.autch@gmail.com) | [drasifiqbalalig@gmail.com](mailto:drasifiqbalalig@gmail.com) | [seemarani.22@delhi.gov.in](mailto:seemarani.22@delhi.gov.in) | [drdevmomeerut@gmail.com](mailto:drdevmomeerut@gmail.com) |
| **OPD days and timings** | NA | NA | Monday at Hindustani Dawakhana, Ballimaran (9am-2pm) | NA |
| **List of Research Publications** | Books   1. “Zimad-e-Khardal: An Antiemetic Transdermal Unani Formulation” published by Lambert Academic Publishing, Germany. 2017. [Book has been translated in various foreign languages]. 2. “Manual of Unani Pharmacy” First Edition, published by Annis Enterprises, Delhi. 2018.   Research Papers:   1. Saleem MN, Idris M. Formulation Design and Development of a Unani Transdermal Patch for Antiemetic Therapy and its Pharmaceutical Evaluation. *Scientifica*. 2016. pp.1-5. 2. Saleem MN, Idris M. Preparation and Characterization of a Unani Transdermal Antiemetic Emulgel: A Novel Approach. *Advance Pharmaceutical Journal*. 2016. 1(4), pp. 108-13. 3. Saleem MN, Idris M. Pharmaceutical Evaluation of Procedures for Preparation of Unani Formulation "Roghan Baiza-e-Murgh" and its Physicochemical Analysis. *Journal de Afrikana*. 2016. 3(3), pp.225-232. 4. Mohd Nauman Saleem, Jamal Akhtar, Leimapokpam Swasticharan, *et al*. Integration of Unani System of Medicine in Mainstream Healthcare for Prevention and Control of Non-Communicable Diseases. *American Journal of Ethnomedicine*. 2018. 5(2), pp.1- 10. 5. Asim Ali Khan, Naseem Akhtar Khan, Usama Akram, Mohd Nauman Saleem, *et al*. Evaluation of safety and efficacy of Unani Add-on regimen in preventing the progression of severity of the disease in hospitalized SARS-CoV2 tested positive asymptomatic/mild to moderate symptomatic COVID- 19 cases- A Randomized Controlled Clinical Trial. *Bangladesh Journal of Medical Science*. 2022. 21(4), pp.901-11. 6. Raghubanshi, Mohd Adnan, Mohd Nauman Saleem, Mohd Idris. Physicochemical Standardization of Sufoof Dama Haldi Wala: A Classical Unani Formulation. *Journal of Bio Innovation*. 2022. 11(2), pp.452-461. 7. Saleem MN, Idris M. In-vitro Transdermal Drug Delivery Analysis of Zimad-e- Khardal: An Anti-Emetic Unani Formulation. *World Journal of Pharmaceutical Research*. 2015. 4(4), pp.2013-21.   Review Papers:   1. Saleem MN, Idris M. Role of Khardal (*Brassica nigra*) in Non-Communicable Diseases: An Overview. International Journal of Drug Development & Research. 2015. 7(1), pp. 137-144. 2. Saleem MN, Idris M. Zanjabeel (*Zingiber officinale*) in the prevention and treatment of Nausea and Vomiting: A Review. *World Journal of Pharmaceutical Research*. 2015. 4(5), pp.823-31. 3. Saleem MN, Idris M. Podina (*Mentha arvensis*): Transformation from Food Additive to Multifunctional Medicine. *ARC Journal of Pharmaceutical Sciences*. 2016. 2(2), pp.6-15. 4. Saleem MN, Idris M. Sirka (Vinegar): From Traditional use to Scientific Approach. *Journal of Herbal Medicine Research*. 2016. 1(2), pp.0032- 0039. 5. Shabnam Anjum Ara, Mohd Zakir, Mohd Nauman Saleem, Munawwar Hussain Kazmi. Concept of Washam (Tattooing) in Unani Medicine- A Review of undisclosed Unani Domain. *World Journal of Pharmaceutical and Medical Research*. 2019. 5(2), pp.93-97. 6. Raghubanshi, Mohd Adnan, Mohd Idris, Mohd Nauman Saleem. Review on Unani Pharmaceutical Process Moharraq (Sokhta). *International Journal of Information Research and Review*. 2023. 10(3). 7485-87. 7. Amreen, Siddiqui AI, Saleem MN. Design, Development and Evaluation of Classical Unani Dosage Form and Drug Delivery System with respect to Novel Dosage Form: A Review. *International Journal of Unani and Integrative Medicine*. 2024. 8(1). 16-22. 8. Amreen, Asif Iqbal Siddiqui, Mohd Nauman Saleem. Devising of Lazuq (A Conventional Unani Dosage Form) with reference to Transdermal Patch; Then and Now: A Critical Review. *Journal of Drug Delivery and Therapeutics*. 2024. 14(4). 155-164. 9. Amreen, Asif Iqbal Siddiqui, Mohd Nauman Saleem. Concept of Lazuq (A Classical Unani Dosage Form) and its Evolution as Transdermal Patch (A Novel Drug Delivery System): An Analyzation. *European Journal of Pharmaceutical and Medical Research*. 2024. 11(4). 65-75. 10. Anjum Parveen, Mohd Nauman Saleem, Asif Iqbal Siddiqui. A Comprehensive Review of Kaddu (Pumpkin) as a potent Nutraceutical in Unani System of Medicine. *International Journal of Unani and Integrative Medicine*. 2024. 8(2). 32-38.   Research Project:   1. A prospective, interventional, case control study to observe and assess the safety and efficacy of Unani regimen in preventing the progression of severity of the disease in hospitalized SARS-CoV2 tested positive asymptomatic/ mild-to-moderate symptomatic Covid-19 cases managed as per Govt. of India Covid-19 guidelines at management a management facility. Covid-19 [CTRI No.-CCRUM-MC-CT- COVID/2020].   PI- Naseem Akhtar Khan  Co-PI- Mohd Nauman Saleem  Usama Akram | 1. Published an article in Ethnomedicine and Human Welfare Vol-III entitled “Aromatic Plants used in Indian cuisine and their effect on health.” Ukaaz Publication Hyderabad, India, 2004-2005 (Co-Author). 2. Published an article in Asian Journal Exp. Sc. Vol. 20 (No.1), entitled “Evaluation of Safoof-e-Teen in Chronic Amoebiasis”, 2006 (Co-Author). 3. Published a research paper in Hamdard Medicus, Vol. 50, No. 4, 2007, entitled “Nephroprotective effect of a non-pharmacopeial Unani combination – an experimental study (Co-Author). 4. Published an article in Research Advances and Traditional Medicine Challenges and Opportunities, entitled “Evidence based Unani Aroma therapy: Rationale and Relevance”. October 30-31, 2007, organized by Foundation for promotion of Natural Products, New Delhi, India (Co-Author). 5. Published a research paper in Research Advances and Traditional Medicine: Challenges and Opportunities, entitled “Clinical Evaluation of Majoon Sangdana Murgh in Irritable Bowel Syndrome”. October 30-31, 2007, organized by Foundation for promotion of Natural Products, New Delhi, India (Co-Author) 6. Published a paper in “Tarjuman-e-Tibb entitled Urdu Zaban Mein Mufradat ki Darsi Kutb Ki Tasnifi rewayet” ek tajziyati mutala NIUM Bangalore Ministry of Ayush Govt. Of India (Co-Author). 7. Amreen, Siddiqui AI, Saleem MN. Design, Development and Evaluation of Classical Unani Dosage Form and Drug Delivery System with respect to Novel Dosage Form: A Review. *International Journal of Unani and Integrative Medicine*. 2024. 8(1). 16-22. 8. Amreen, Asif Iqbal Siddiqui, Mohd Nauman Saleem. Devising of Lazuq (A Conventional Unani Dosage Form) with reference to Transdermal Patch; Then and Now: A Critical Review. *Journal of Drug Delivery and Therapeutics*. 2024. 14(4). 155-164. 9. Amreen, Asif Iqbal Siddiqui, Mohd Nauman Saleem. Concept of Lazuq (A Classical Unani Dosage Form) and its Evolution as Transdermal Patch (A Novel Drug Delivery System): An Analyzation. *European Journal of Pharmaceutical and Medical Research*. 2024. 11(4). 65-75. 10. Anjum Parveen, Mohd Nauman Saleem, Asif Iqbal Siddiqui. A Comprehensive Review of Kaddu (Pumpkin) as a potent Nutraceutical in Unani System of Medicine. *International Journal of Unani and Integrative Medicine*. 2024. 8(2). 32-38. | Books   1. Book entitled “Cosmetology in Unani Medicine” by Dr. Seema Rani published by Wizard Publishers, Jhandewalan, Delhi, March 2020. 2. Chapter 1 by Dr. Seema Rani in Book entitled ADVANCES IN AYUSH (Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy), Volume – 2, AkiNik Publications, New Delhi, 2020.   Research papers:   1. Seema Rani, Khaleequr Rahman, Peerzada Mohd. Younis, Sadiya Noorul Basar. Physico- Chemical and Microbiological Standardization of Sufoofe Sailan: A Unani Polyherbal Formulation. World Journal of Pharmacy and Pharmaceutical Sciences.2015; 4(6): 1554– 1563p. 2. Seema Rani, KhaleequrRahman, Peerzada Mohammad Younis. Accelerated stability studies of Sufoofe Sailan: A Unani formulation.2015; 36(1): 83-90. (Pubmed) 3. Seema Rani, Khaleequr Rahman, Peerzada Mohd. Younis, Sadiya Noorul Basar. Photostability Evaluation of a Unani Formulation Sufoofe Sailan. World Journal of Pharmaceutical Research. 2015; 4(6): 2192–2203p. 4. Sadiya Noorul Basar, Seema Rani, Roohi Zaman. Accelerated Stability Study of Khamirae Gaozaban Sada. Int. J. Pharm. Sci. Rev. Res., 2013; 22(1):198–204p. 5. Sadiya Noorul Basar, Seema Rani, Roohi Zaman. Accelerated Stability Study of Khamirae Abresham Sada. International Journal of Universal Pharmacy and Bio Sciences. 2013; 2(4):093–102p. 6. Peerzada Mohd. Younis, Khaleequr Rahman, Basharat Rashid, Seema Rani. Accelerated Stability Study of Majoone Filasifa (A Unani Herbal formulation). Journal of biological and scientific opinion.Vol.3(4)2015.187-194p. DOI: 10.7897/ 2321-6328.03440. 7. Peerzada Mohd. Younis, Khaleequr Rahman, Basharat Rashid, Seema Rani, Ubaidul Hai. Microbial Analysis of Majoone Falasifa (A Compound Herbal Formulation).World Journal of Clinical Pharmacology, Microbiology and Toxicology. 2015;1(3):32-34p. 8. Mohd. Tarique Ahsan and Seema Rani. Pharmacognostical, Physicochemical and Microbiological Standardization of Tiryaq-e-Arba (An Unani Polyherbal Formulation. International Journal of Pharmacognosy and Pharmaceutical Sciences. 2019; 1(1); 15-20p. 9. Osama Akhtar, Roohi Zaman, Seema Rani. Development of SOPs regarding manufacturing of Habbe Kaafoori. International Journal of Unani and Integrative medicine 2019; 3(4):22-25p. 10. Seema Rani and Mohd. Tarique Ahsan. Evaluation of anti-venom effect of Tiryaq-e-Arba in rabbit models. CELLMED-20-049.   Review papers:   1. Seema Rani, Khaleequr Rahman, Peerzada Mohd. Younis, Mohd. Shadab. Shelf Life of Unani Drugs: In Classical and Contemporary Era Research and Reviews: Journal of Unani, Siddha and Homeopathy. 2015; 2 (2): 26-35p. 2. Seema Rani, Khaleequr Rahman, Mohd. Younis, Sadiya Noorul Basar. Dhawa (Woodfordia fruticosa (L.) Kurz.): A Versatile Medicinal Plant. International Journal of Pharmaceutical Sciences and Drug Research. 2015; 7(4): 315-320. 3. Seema Rani, Khaleequr Rahman, Peerzada Mohd. Younis, Osama Akhtar. HPTLC: An Emerging Technique in Herbal Medicine. Research and Reviews: Journal of Herbal Science. Volume 4, Issue 2 (2015) 25-37p. 4. Seema Rani, Khaleequr Rahman, Arshiya Sultana, Peerzada Mohd. Younis, Ethnomedicinal and Pharmacological activities of Mochrus (Bombax ceiba Linn.): An Overview. in TANG [Humanitas Medicine]journal. 2016;6(1) e2 01-09. 5. Seema Rani, Khaleequr Rahman, Arshiya Sultana, Peerzada Mohd. Younis, Molsari (Mimusops elengi Linn.): A boon drug of Unani/Traditional Medicine.International journal of pharmaceutical sciences and research.2017;8(1):1000-12. 6. Seema Rani, Khaleequr Rahman, Mohammad Idris. Ethnomedicinal, Pharmacological and Phytochemical Screening of Supari (Areca catechu Linn.): A Review. Research & Reviews: A Journal of Pharmacology. 2018; 8(1):1-15. 7. Seema Rani. Management of Greying of Hairs (Sheeb) and Use of Hair dyes (Khizaab) in Unani Medicine.TANG [Humanitas Medicine] Jouunal. 2018;1(1): 01-12. 8. Seema Rani. Standardisation of Kushta: Classical and Modern Approaches. International Journal of Unani and Integrative Medicine. 2018; 2(2):89-98. 9. Seema Rani. A Review on Sufoofe sailan: A Polyherbal Formulation in the Management of Sailan-ur-rehm (Leucorrhoea). International Journal of Unani and Integrative Medicine. 2018; 3(1): 1-10. 10. Osama Akhtar, Seema Rani, Shariq Shamsi. Need of Standardization of Habb: A Unani Medicine. Journal of AYUSH: Ayurveda, Yoga, Unani, Siddha and Homeopathy. 2017; 6(2):1-9. 11. Sadiya Noorul Basar, Seema Rani , Syeda Anjum Farah , Roohi Zaman. Review on Borage Officinalis: A wonder herb. International Journal of Biological & Pharmaceutical Research. 2013; 4(8): 582-587. 12. Sadiya Noorul Basar, Seema Rani, Roohi Zaman. A Review on Stability studies of Unani formulations. Journal of Pharmaceutical and Scientific Innovation. 2013; 2(4):1–8p. DOI: 10.7897/2277-4572.02442. | 1. Khadija Abdul Hafiz, Davinder Kumar, Dr. Imran Khan, Kaleem Ahmad. Ma’jun Sana: An Important Unani Formulation for the Management of Multiple Diseases. International Journal of AYUSH; 2021: 10 (5); 114-131. |
| **Awards or appreciations received, if any** | 1. Received the National AYUSH Award by Ministry of AYUSH, Govt. of India in 2018 for Best Research Paper in Drug Research and Development. 2. Received Hakeem Abdul Hameed Young Researcher Award 2022 at the International IASTAM Conclave 2022 on Multi-Targeted Therapeutics in Unani and Ayurvedic Medicine & Food Supplement organized by Centre of Excellence in Unani Medicine, Jamia Hamdard. 3. Received Third Prize in Scientific Poster Presentation at Jamia Hamdard in 2015. 4. Received Appreciation Award in Scientific Poster Presentation at Ajmal Khan Tibbiya College, AMU in 2014. 5. Received Award of Golden Honour in 2019 and 2023. | 1. “Award of Appreciation” in 19th, 20th & 21st World Congress of Science and Spirituality, Organized by Zoroastrian College, Mumbai in 2005, 2006 & 2007, respectively. 2. “Speaker Special Award” in 20th, 21st & 25th World Congress of Science and Spirituality, Organized by Zoroastrian College Mumbai in 2006, 2007 & 2011, respectively. 3. “Certificate of Appreciation “for the significant contribution to the promotion and education of Unani System of Medicine. Awarded by Unani Times Bhendi Bazar IR Road, Mumbai. | 1. PD Sethi Memorial Merit Award for best Research paper Publication. | 1. Corona Warrior Award by AYUSH DEPARTMENT (U.P. GOVT.) |
| **PG Department present /absent** | Present | | | |
| **List of Students and Thesis Title** | Final Year:   1. Dr. Mehvash Jamal- Redesigning of Maul Shaeer into solid dosage form and its nutraceutical evaluation. 2. Dr. Amreen- Pharmaceutical design and development of Lazooq into a novel dosage form for dysmenorrhea. 3. Dr. Anjum Parveen- Pharmaceutical Design and Development of a Unani Novel Dosage Form for Topical Application in Insomnia. 4. Dr. Rashmi Chauhan- Design and Development of a Unani Lotion for Unwanted Hair Growth Retardation/ Inhibition.   Second Year:   1. Dr. Shafia- Pharmaceutical Design and Development of a New Dosage Form for Topical Application in Harq wa Salq (Burn & Scald). 2. Dr. Ruma Malik- Pharmaceutical Design and Development of a New Unani Dosage Form for Topical Application in Jarb (Scabies). 3. Dr. Javeriya Aftab- Pharmaceutical Design and Development of Firzaja into a Medicated Vaginal Tampoon for Sailan-ur-Raham. 4. Dr. Kahkasha Akhtar- Pharmaceutical Design and Development of Maul Jubn into Solid Dosage Form along with Standard Operating Procedures   First Year:   1. Dr. Sania Arif- Protocol under submission to PG Cell (Unani) 2. Dr. Shama- Protocol under submission to PG Cell (Unani) 3. Dr. Afreen Siddiqui- Protocol under submission to PG Cell (Unani) 4. Dr. Ansari Saziya- Protocol under submission to PG Cell (Unani) | | | |
| **CME/ Seminars/ Conferences/ Programmes etc. conducted by etc.**  **Department** | The Departmental Seminars are regularly organized in the department. | | | |
| **Department Specialty in brief** | The Post Graduate Department of Ilmul Saidla is a well-established department of this college offering Mahir-e-Tibb (MD Unani) in the concerned discipline since 2010. Currently, there is an intake capacity of 04 students at PG level each year through All India AYUSH Post Graduate Entrance Test (AIAPGET).  Vision: To develop the department into a National Centre of Excellence for strengthening education and promote quality research in the field of Unani Pharmaceutics.  The department aims at providing quality education and conduct quality research in Unani pharmaceutics. Various new and novel projects have been successfully completed and many are still going on in the department that are mainly related to Standardization and revalidation of classical methods of Ilmul Saidla, classical dosage forms and pharmacopoeial formulations; Redesigning and remodeling of existing Unani dosage forms (wherever possible); Exploration and addition of novel dosage forms in Unani pharmaceutics.    C:\Users\HP\Desktop\IMG20191121113837 - Copy (2).jpg C:\Users\HP\Downloads\IMG20191121154512.jpg C:\Users\HP\Downloads\IMG20191019110255.jpg | | | |