

Govt of NCT of Delhi
Directorate of AYUSH
A and U Tibbia College and Hospital Campus,
Karol Bagh, New Delhi

F.No. AUTC-B/6/2025-V P(Ayu)-AUTCH- (Computer No. 276448) Date :

OFFICE MEMORANDUM

Subject: Inviting comments/suggestions from stakeholders regarding the framing of Recruitment Rules (RRs) for the post of "Panchkarma Technician" and the amendment of Recruitment Rules (RRs) for the post of "Masseurs" in A & U Tibbia College & Hospital, GNCTD.

In pursuance of the approval conveyed by the Services Department, GNCTD vide their U.O. Note dated 05.05.2026 (File No. F.2(11)/RRs/2026/S-IV, Computer No. 336203), it is proposed to frame the Recruitment Rules (RRs) for the newly designated post of "Panchkarma Technician" and to amend the existing Recruitment Rules (RRs) for the post of "Masseurs" at A & U Tibbia College & Hospital, GNCTD.

Accordingly, the draft Recruitment Rules for the posts of "Panchkarma Technician" and "Masseurs" are hereby attached for reference. All stakeholders are requested to kindly go through the proposed drafts (enclosed herewith) and submit their comments, objections, or suggestions, if any, within 30 days from the date of issuance of this circular.

The comments/suggestions may be submitted through the following modes:

By E-mail: msofficitibbia@gmail.com

By Speed Post: Addressed to Director AYUSH, Directorate of AYUSH (GNCTD),
A & U Tibbia College and Hospital Campus, Karol Bagh, New Delhi-110005.

It may kindly be noted that any comments or suggestions received after the stipulated period of 30 days will not be entertained or considered.

This issues with the prior approval of the Competent Authority.

Dr.Yogita Munjal
Director AYUSH

Copy for information:

1. PS to Secretary Health and FW, GNCTD
2. PS to Secretary, Department of Services, GNCTD
3. The System Analyst / IT In-charge with the request to upload this Circular along with the annexed draft RR's on the official website of the Department immediately.

Digitally signed by
Yogita Munjal
Date: 18-05-2026
15:24:33

GOVT OF NCT OF DELHI
A AND U TIBBIA COLLEGE AND HOSPITAL
KAROL BAGH ,NEW DELHI

ANNEXURE-I

Recruitment Rules for the post of Masseurs , Deptt. Of Panchkarma , AUTCH

1	Name of the post	Masseurs
2	Number of post	10* (2026) *Subject to variation dependent on workload
3	Classification	General Central Service, Group 'C' Non Gazetted Non Ministerial"
4	Level in the pay matrix	Level-4 (Rs. 25500- 81100) of the Pay Matrix"
5	Whether Selection post or non-selection post.	Not Applicable
6	Age limit for direct recruits	Between 18 to 25 years* * In case of post being filled up by all-India Open Competition, it would be- between 18 year and 27 years. (Relaxable for departmental candidates upto forty years in the case of general candidates and forty five years in the case of candidates belonging to the Scheduled Castes and the Scheduled Tribes in accordance with the instructions orders issued by the Central Government) Note: The crucial date for determining the age limit shall be as advertised by the Competent Authority.
7	Educational and other qualification Required for Direct Recruits	“Essential: i.Matriculation or an equivalent qualification from a recognized board or University. ii.Having full time certificate course of Panchkarma Assistant/ Panchkarma Technician of at least 01 year from Recognized Institute accredited by the Healthcare sector skill council (HSSC), Govt of India or equivalent Government body. iii. Experience of at least 01 year in Govt./Semi Govt./ Autonomous Panchkarma Assistant/Therapist /Masseur. AYUSH institute/ NABH accredited Panchkarma Centre as Panchkarma Assistant

		/Therapist/Masseur/PanchkarmaTechnician.”
8	Whether age and EQ prescribed for direct recruits will apply in the case of promotees	Not Applicable
9	period of probation, if any	2 years for Direct Recruits. Note: Direct recruit would be required to successfully complete a mandatory induction Training of at least two weeks duration as prescribed by the competent authority for completion of probation.
10	Method of recruitment Whether by direct recruitment or by promotion or by deputation/absorption and percentage of the vacancies to be filled by various methods	100% by direct recruitment
11	In case of rectt. by promotion/deputation/absorption grades from which promotion/deputation/absorption to be made	NA
12	if a DPC exists what is its composition	Group ‘C’ Departmental Confirmation Committee (for considering confirmation) 1. Pr. Secretary /Secretary (PWD) - Chairperson. 2. Head of the Department concerned – Member 3. Dy. Secretary (UD)- Member Note: Senior most member of the Departmental Confirmation Committee shall act as Chairperson in case the notified Chairperson of the Departmental Confirmation Committee happens to be junior to another member of the Departmental Confirmation Committee.
13	Circumstances in which U.P.S.C to be consulted in making recruitment.	Consultation with UPSC is not necessary.

Annexure-III

Column No.	Name of Title	Provisions in the approved/ existing rules	Revised provision proposed
1	Name of Posts	Messeurs	Masseurs
2	Number of Post	05* (1961) *Subject to variation dependent on workload.	10* (2026) *Subject to variation dependent on workload.
3	Classification	Group IV Employee	General Central Service, Group 'C' Non Gazetted Non Ministerial"
4	Scale of Pay	Pay Scale 210-270	"Level-4 (Rs. 25500- 81100) of the Pay Matrix"
5	Age- Whether selection or non-selection post	Not specified in RR	"Not Applicable"
6	Age-limit for direct recruits	25 years.	Between 18 to 25 years* * In case of post being filled up by all-India Open Competition, it would be- between 18 year and 27 years. (Relaxable for departmental candidates upto forty years in the case of general candidates and forty five years in the case of candidates belonging to the Scheduled Castes and the Scheduled Tribes in accordance with the instructions orders issued by the Central Government) Note: The crucial date for determining the age limit shall be as advertised by the Competent Authority.
7	Ed Educational and other qualification required for direct recruits	Essential: 1. Middle	Essential: (i) Matriculation or an equivalent qualification from a recognized

		School Examination or Equivalent. 2. 1 Year professional experience	board or University. ii) Having full time certificate course of Panchkarma Assistant/ Panchkarma Technician of at least 01 year from Recognized Institute accredited by the Healthcare sector skill council(HSSC), Govt of India or equivalent Government body. iii) Experience of at least 01 year in Govt./Semi Govt./ Autonomous AYUSH institute/ NABH accredited Panchkarma Centre as Panchkarma Assistant/Therapist /Masseur.
8	Whether age and educational qualification prescribed for direct recruits will apply in the case of promotes	Qual.- Yes Age - No	"Not Applicable"
9 Per	Period of Probation , if any	Not specified	2 years for Direct Recruits Note: Direct recruit would be required to successfully complete a mandatory induction Training of at least two weeks duration as prescribed by the competent authority for completion of probation."
10 M	Method of recruitment: Whether by direct recruitment or by promotion or by deputation/absorption and percentage of the vacancies to be filled by various methods	By promotion failing which by direct recruitment	100% by direct recruitment
11 In	In case of recruitment by promotion/deputation/absorption, grades from which promotion/deputation/absorption to be made	NA	NA
12	If a Departmental Promotion Committee exists, what is its composition	NA	Group 'C' Departmental Confirmation Committee (for considering confirmation) 1.Pr.Secretary/Secretary (PWD) - Chairperson. 2. Head of the Department

			concerned –Member 3. Dy. Secretary (UD)- Member Note: Senior most member of the Departmental Confirmation Committee shall act as Chairperson in case the notified Chairperson of the Departmental Confirmation Committee happens to be junior to another member of the Departmental Confirmation Committee.
13	Circumstances in which Union Public Service Commission is to be consulted in making recruitment.	Not specified	Consultation with UPSC is not necessary

ANNEXURE-I**Recruitment Rules for the post of Panchkarma Technician**

1	Name of the post	Panchkarma Technician
2	Number of post required	06*(2026) *subject to variation depending upon workload
3	Classification	General Central Service, Group 'C' Non Gazetted Non Ministerial.
4	Level in the pay matrix	Level 5 (29200-92300) in the pay matrix
5	Whether Selection post or non-selection post.	Non Selection
6	Age limit for direct recruits.	Between 18 to 25 years* * In case of post being filled up by all-India Open Competition, it would be- between 18 year and 27 years. (Relaxable for departmental candidates upto forty years in the case of general candidates and forty five years in the case of candidates belonging to the Scheduled Castes and the Scheduled Tribes in accordance with the instructions orders issued by the Central Government) Note: The crucial date for determining the age limit shall be as advertised by the Competent Authority.
7	Educational and other qualification Required for Direct Recruits	Essential: (i) 12th or Senior Secondary qualification from a recognized Board or University (ii) Having full time certificate course of Panchkarma Technician of at least 01 year from Recognized Institute accredited by the Healthcare Sector Skill Council (HSSC), Govt. of India or equivalent Government body. iii) Experience of at least 03 years in Govt./Semi Govt./ Autonomous AYUSH institute/ NABH accredited Panchkarma Centre as Panchkarma Assistant/Therapist /Masseur.
8	Whether age and EQ prescribed for direct recruits will apply in the case of promotes	Age- No Edu. Qual. - No

9	period of probation, if any	2 years for Direct Recruits Note: Direct recruit would be required to successfully complete a mandatory induction Training of at least two weeks duration as prescribed by the competent authority for completion of probation.
10	Method of recruitment-. Whether recruitment or by promotion or by deputation/absorption and percentage of the vacancies to be filled by various methods B	50% by direct recruitment 50% by Promotion
11	In case of rectt. promotion/deputation/absorption grades from which promotion/deputation/absorption to be made	Promotion: Masseurs at the level 4 (Rs.25500-81100) in the pay matrix as per seventh CPC with 7 years of regular service in the grade. Note1: Where juniors who have completed their qualifying or eligibility service are being considered for promotions, their seniors shall also be considered provided they are not short of the requisite qualifying or eligibility service by more than half of such qualifying or eligibility service or two years, whichever is less and have successfully completed their probation period for promotions to the next higher grade along with their juniors who have already completed such qualifying or eligibility services.
12	if a DPC exists what is its composition	Group 'C' Departmental Confirmation Committee (for considering confirmation)/Departmental Promotion Committee (for considering promotion) 1. Pr. Secretary /Secretary (PWD) -Chairperson. 2. Head of the Department concerned –Member 3. Dy. Secretary (UD)- Member Note: Senior most member of the Departmental Promotion Committee/ Departmental Confirmation Committee shall act as Chairperson in case the notified Chairperson of the Departmental Promotion Committee/ Departmental Confirmation Committee happens to be junior to another member of the Departmental Promotion Committee.
13	Circumstances in which U.P.S.C to be consulted in making	Consultation with UPSC is not necessary

	recruitment	
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ANNEXURE-II

1 (a)	Name of the post	Panchkarma Technician
(b)	Name of Ministry/Department	Health and Family Welfare Department A &U Tibbia College & Hospital, Govt. of NCT of Delhi
(c)	Number of posts	06* (2026) *subject to dependent on workload
(d)	Level in the pay matrix	Level 5 (29200-92300) in the pay matrix
(e)	Class and Service to which the posts belong (of Group MHA (e) notification No.20/16-Estt (A) dated 13.03.1962	General Central Service, Group 'C' Non Gazetted Non Ministerial
(f)	Ministerial or Non-Ministerial (of F.R.9(17)	Non Ministerial
2	Appointing Authority	Head of the Department, A & U Tibbia College & Hospital
3	Duties of the Post in detail	As per annexure
4	Describe briefly the method(s) adopted for filling the posts hitherto.	NA
5	Method (s) of recruitment proposed	50% by Direct Recruitment 50 % by Promotion
6	If promotion is proposed as a method of recruitment	Yes
	(a) Designation and number of the posts proposed to be included in the field of promotion	Masseurs No. of Post - 50%
	(b) Number of years of qualifying service proposed to be fixed before person in the field become eligible for promotion	7 Yrs regular service in the Institute as Masseurs at level 4 (25500-81100) in the pay matrix as per seventh CPC.
	(c)Percentage of Vacancies in the grade proposed to be filled by promotion	50% by promotion
	(d) Have Recruitment Rules been framed for the post proposed in the field of promotion? If framed in consultation with the Commission, please quote Commission's reference No. If consultation with the Commission was not required please attach a copy of rules framed. A copy of the rules should be sent DOPT along with the prop	No (Post created for the first time)

	osal.	
	(e)If recruitment rules were not framed for the posts in the field of promotion	
	(i)Please indicate briefly the method of recruitment actually adopted for filling the posts. Please also state the percentage of vacancies filled by each of methods.	50% by direct recruitment 50% by promotion
	(ii)Please stage briefly the educational qualification possessed by the person in the field of promotion	7 years regular service in Institute as Masseurs Educational qualification possessed at the time of initial appointment
	(iii)In case the feeder posts are filled by promotion, the recruitment rules for the still lower posts including the lowest post in which direct recruitment may be furnished.	N.A
	(f)(i)Is the promotion to be made on selection/non selection basis	Non Selection
	(ii)Reasons for the proposal in (i) above	The promotion is from Group C to Group C
	(g) If a DPC exists, what is its composition?	Group 'C' Departmental Confirmation Committee (for considering confirmation)/Departmental Promotion Committee (for considering promotion) 1. Pr. Secretary /Secretary (PWD) - Chairperson. 2. Head of the Department concerned – Member 3. Dy. Secretary (UD)- Member Note: Senior most member of the Departmental Promotion Committee/ Departmental Confirmation Committee shall act as Chairperson in case the notified Chairperson of the Departmental Promotion Committee/ Departmental Confirmation Committee happens to be junior to another member of the Departmental Promotion Committee.
	(h) Indicate if the feeder posts are having promotion channels other than the one under consideration	NO
7	If promotion is not proposed as a method please state why is considered desired/possible/necessary.	N.A
8	If direct recruitment is proposed as a method of recruitment (of MHA O.M. No.2/45/55-RPS, dated 08.10.55) please	

	state .	
	(a)The percentage of vacancies proposed to be filled by direct recruitment	50% by Direct Recruitment
	(b)Indicate if there are any promotional avenues for the direct recruits?	As per Govt. Guidelines MACP Scheme
	(c) (i) Age for direct recruits (As per extant GOI instructions)	Between 18 to 25 years* * In case of post being filled up by all-India Open Competition, it would be- between 18 year and 27 years. (Relaxable for departmental candidates upto forty years in the case of general candidates and forty five years in the case of candidates belonging to the Scheduled Castes and the Scheduled Tribes in accordance with the instructions orders issued by the Central Government) Note: The crucial date for determining the age limit shall be as advertised by the Competent Authority.
	(ii) Is age relaxable for Government Servants?	Yes
	d) Educational and other qualifications required for direct recruits. (it may please be noted that the essential qualifications prescribed are relaxable at Commission's discretion in case of candidates otherwise well-qualified.	Essential: (i) 12th or Senior Secondary qualification from a recognized Board or University (ii) Having full time certificate course of Panchkarma Technician of at least 01 year from Recognized Institute accredited by the Healthcare Sector Skill Council (HSSC), Govt of India or equivalent Government body. iii) Experience of at least 03 years in Govt./Semi Govt./ Autonomous AYUSH institute/ NABH accredited Panchkarma Centre as Panchkarma Assistant/Therapist /Masseur/Panchkarma Technician
	(e) Whether essential qualifications to be prescribed in accordance with any Act(S)? If so please quote the relevant Act(S) under which it is necessary and also supply relevant extract from the Act(s)	No
	(f) Has the post been advertised by the commission in the past? If so, please quote commission's reference number.	No
9	If direct recruitment is not proposed as a method, please (e) why not considered state desirable/possible/necessary	N.A
10	i) If promotion and direct recruitment are	No

	both proposed as methods of recruitment , will the educational qualifications proposed for direct recruits apply in case of promotion?	
	ii) If not, to what extent are the educational qualifications proposed to be relaxed in case of promotions.	Educational Qualification shall be applicable at the time of their initial appointment as Masseurs. 7 years of Regular service as Masseurs in the institute.
11	a) Is deputation/transfer proposed as a method of recruitment? so, please state that reasons for the proposal. Please state clearly whether or both are proposed.	No
	b) The percentage of vacancies proposed to be filled by this method.	N.A
	c) The period of which deputation will be limited	N.A.
	d) The names of the posts or grade or services etc from which deputation/transfer is proposed	N.A
12	a) If any of the methods proposed fails by what methods are such vacancies proposed to be filled	No other methods
	b) Whether the recruitment rules relates to a post which has been upgraded from group "C" to group "B" or group "B" to Group "A" or within the same group? If so, whether the necessary provision for initial constitution has been proposed.	Not applicable
	c) Whether the recruitment rules to a post which is proposed to be downgraded? If so, whether necessary safe-guard have been suggested in respect of the existing incumbents of that post	No
13	a) Special circumstances, covered if any other than those covered by the rules, in which the commission may be required to be whether consulted	No
	b) Whether the department of personnel training has concurred in the proposal?	N.A.
14	If these proposals are being sent in response to any reference from the commission, please quote the commission's number.	N.A

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Dr.Yogita Munjal

Director AYUSH

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