


Name of the Department- Ilaj-Bit-Tadbeer

A few words about the Department with its importance (max-100 words): The department Ilaj-Bit-Tadbeer is a classical mode of treatment in UNANI system of medicine in which some external therapeutic measures are applied for the treatment of certain diseases/ailments. Those ailments which could not be treated through internal use of medicines successfully but these may be cured with the methods or regiments of this department. The Purpose of applying these methods externally to the diseased body either excrete morbid material or viscid material from the body or to divert the viscid material from the very sensitive part to other parts of the body where it may cause no harm or lesser harm in the body.

The department is established on 2001 under the govt. of NCT of Delhi to adopt the classical methods of Unani system of medicine. These classical methods are very effective and useful based on sanctuaries of old clinical experiences by the Unani physicians. The following regiments/ methods have been mentioned as classical Unani methods which are very beneficial in some painful conditions of the body like cervical spondylosis, lumber spondylosis and lumbago, paralysis hemiplegia, paraplegia, facial paralysis, headache, migraine, varicosity, etc. These methods are fasd (venesection), hijama (cupping), taleeq (leeching), dalak (massage), fomentation (takmeed), etc.

Details of the Faculty:

S. No.	Name of Faculty	Educational Qualification	Designation	Experience	Specialization (if any)	Books published / Publications in peer reviewed journals (if any)	Rewards/ Achievements (if any)	OPD no. and OPD days	Photograph of the faculty
1	Dr. Mohd Arshad Ansari	B.U.M.S., M.D.	Associate Professor	19 YEARS	ILAJ-BIT-TADBEER	12 paper presentation published in souvenir of various institution in India		MON-SAT OPD NO.1	

Departmental activities: Fasd (venesection), hijama (cupping), taleeq (leeching), dalak (massage), fomentation (takmeed), tareeq (sweating), hammam (turkish-bath), qai (vomiting), ishaal (purgation), huqna (enema), nutool (irrigation), bukhour (fumigation), inkibab (vapourization), shamoom (olfaction), paashoya (feet-washing), aabzan (sitz-bath), lakhlakha (inhalation), etc.

Research work (if any) undergoing in the Department:

Any other relevant detail regarding the Department:

I.P.D. and administrative work of department as a head of the department.

Photographs (maximum 04) of the Department/Departmental activity:

