

**NAME OF THE DEPARTMENT:- ILAJ BIT-TADBEER**

**Introduction to the Department:**

In Unani system of medicine, various methods of treatments are employed and experienced such as dieto-therapy (Ilaj-bil-gihza), regimental therapy (Ilaj-bit-Tadbir), pharmacotherapy (Ilaj-bil-Dawa) and Surgery (Ilaj-bil-Yad). In these four types of therapies, the oldest therapy the regimental Therapy is experienced very much and also more popular amongst the Indian people. Therefore, the CCIM proposed and established this therapy as a separate department in the Unani system of medicine. Ilaj-bit-Tadbir is a classical method of treatment and it is related with external therapeutic measure for the treatment of certain chronic diseases. Several ailments which could not be controlled or treated successfully through the internal use of medicines can be cured or controlled with these regiments (methods). The purpose of applying these methods externally to the body is either to expel out morbid and viscid materials (Akhlate-radi) from the body or to divert the toxic or unwanted substances (Akhlate-radi) from the sensitive part to the other parts of body where it may cause no harm or less harm. This is done by applying various tadabeer namely fasd (Venesection) i.e., blood letting, hijama (cupping), Irsale-alaq (leeching), cauterization (Daagh), Hammam (bath) etc. Some clinical trials are going on in the department like fasd (venesection) in sciatica, painful oteo-arthritis, and cupping (hijama) in various painful muscular condition and encouraging results have been achieved

**Consultant Details:**

<b>S. No.</b>	<b>Name of the Faculty</b>	<b>Qualification</b>	<b>Designation</b>	<b>OPD Days</b>
1.	Dr. M. Arshad Ansari	M.D.	Associate Professor	Mon to Sat