

Name of the Department- Prasuti Tantra- Stri Roga

About the Department - Departmental OPD run very well with an inflow of around 1000 patients monthly. Department dealt with obstetric cases by ayurvedic medication, proper diet and physical activities to get a healthy progeny, with the goal of reducing morbidity and mortality. Special attention towards adolescent girls is given in order to correct their anaemia, treat diseases and advice about nutrition. Treatment of gynaecological disorders like PCOS, PID, AUB, menopausal syndrome and infertility cases, is also done on the basis of ayurvedic principles with oral treatment, various ayurvedic procedures and *Pathya Apathya ahar vihar vyavastha*. Department provides temporary contraceptive facilities, counseling for family planning methods and offer training in contraception. Main objective of this department is care of woman's health right from puberty to pregnancy to menopause and treating diseases and disorders, if occur.

Details of the Faculty:

S. No.	Name of Faculty	Educational Qualification	Designation	Experience	Specialization (if any)	Books published/ Publications in peer reviewed journals (if any)	Rewards/ Achievements (if any)	OPD no. and OPD days	Photograph of the faculty
1	Dr. Deepa Mishra	BAMS M.D. (Ay) Ph.D.	Associate Professor	3 yrs as Senior Resident in BHU, Varanasi 5 yrs as Assistant Professor in Tibbia College, Delhi 6 yrs as Associate Professor in Tibbia College, Delhi	M.D. (Ay) in Prasuti Tantra- Stri Roga, Ph.D. in Prasuti Tantra- Stri Roga	'Preclinical Toxicity and Clinical study of Garbhpal Ras in Pregnancy' (ISBN:978-3-659-20326-8) Lambert Academy Publishing, Germany 'A Tale of Nine Month Journey' Manas Publishers, Varanasi 21 papers published (copy enclosed)	Awarded for maximum contribution among Ayush doctors in the field of Family planning by Directorate of Family Planning in 2015-16, 2016-17 and 2017-18 consecutively. Award for multipronged contribution in family planning by Directorate of Family Planning on dated 17-18 Jan 2019. Best PPIUCD & MPA contribution by Integrated Health Society central district, Delhi on dated 28 March 2019.	OPD no.13 Monday Tuesday Wednesday Thursday Friday Saturday	

							State Trainer on new contraceptives and provide training sessions for Central district, DFW, GOI.		
							external member of Board of studies in department of Prasuti Tantra- Stri Roga in B.H.U., Varanasi		

Departmental activities-

- Teaching BAMS 3rd prof (Theory classes & Practical training)
- Dept offers 06 days O.P.D. in a week for consultation and medication
- Treatment of Gynaecological disorders with unique approach based on Ayurvedic principles (Oral treatment and Panchkarma therapy) like Yoni Dhavan, Dhoopan, Pottali, Abhyang, Swedan, Snehan, Anuvasan- Asthapan basti and Uttar basti.
- Antenatal care with monthly Ayurvedic treatment and special therapies
- Dealt with Labour cases (Deliveries)
- Provide family planning services to clients (Contraceptive facilities)

Research work (if any) undergoing in the Department- Not any

Any other relevant detail regarding the Department-

- Organized CME for Ayurvedic Medical Officers (Module I & II), Sponsored by RAV, 18-23 Feb 2013 in the capacity of Coordinator.
- CME for Medical Officers 'Panchkarma & Mother & child health sponsored by AYUSH & RAV 7-12 Feb 2011, conducted in department of Prasuti tantra- Stri roga in association with Panchkarma dept.

Photographs (maximum 04) of the Department/Departmental activity



Class-Room



Display of charts in department



Labour- Room



OPD of Prasuti Tantra- Stri Roga (OPD13)



Family Planning services in OPD 13



Minor Procedure-Room