

NAME OF DEPARTMENT- PANCHAKARMA

Introduction to the Department:-

Panchakarma is the ancient old treatment modalities of bio-purification of body by way of medicines. It includes five major procedures which are preceded and followed by other procedures. On the basis of medicines used and modification of procedure according to the patient and disease, hundreds of the procedures are practiced under the name of Panchakarma. The five major procedures practiced are Vamana (emesis), Virechana (purgation), Basti (therapeutic enema), Nasya (nasal inhalation) and Raktamokshana (blood-letting).

Department of Panchakarma was started here independently in the year 2009. Presently this department has a separate unit. Planning to start separate therapeutic unit and special rooms on payment bases is also there and will be materialized soon.

Consultant details-

Sl. No.	Name of the consultant	Qualification	Designation	OPD Days
1.	Dr. Manoj K Shamkuwar	M.D (Ay), Ph.D.	Associate Professor	Tuesday, Wednesday and Saturday
2.	Dr. Nitin Jindal	M.D (Ay),	Assistant Professor	Monday, Thursday, Friday

Facilities- In this department, all the therapeutic procedures covered under the name of Panchakarma are done as per the requirement of the disease. There is an independent unit to perform these procedures under the supervision of experts. For admission of the patients, separate general wards for male and female patients are available.