




**Name of the Department :** Moalijat

**About the Department:** The Post graduation in the department of Moalijat (Medicine) was started in 2002. Previously Moalijat was imparting teaching and training at the UG level only. At present all the teaching staff of the department has combination of oriental and scientific knowledge along with post graduate qualification, exposure to the research institutions and supervision / guidance of able teachers / personalities had developed scientific research aptitude and confidence in teachers as well as in students of the department for better teaching / research in the field of Moalijat. In the march 2001, Two new departments namely Amraz e jild wa Zohrawiya (Skin and Venereal diseases) and Ilaj bit tadbeer (Regiminal therapy) were created from the existing department i.e., Moalijat. The faculty / PG students have also participated, presented their papers in several national and international conferences / seminars / workshop till date. Apart from the above, the teachers / PG students are also providing health care to public by attending OPDs, IPDs of A & U Tibbia college Hospital. There is a 120 bedded hospital for Unani with new centralized AC OPDs for the purpose of clinical training of students in Out patient and In patient departments under Govt. of NCT of Delhi. Apart from the treatment of the patients to provide medical care through unani system of medicine to the suffering humanity rendering free of cost. Our department is well equipped with advanced X-ray , Ultra sonography, ECG, and pathological investigations with ambulance facility as well. The moalijat (medicine) OPD caters to the maximum number of patients attending the hospital.

**Details of the Faculty:**

| S. No. | Name of Faculty   | Educational Qualification | Designation | Experience  | Specialization (if any) | Books published / Publications in peer reviewed journals (if any)   | Rewards / Achievements (if any)   | OPD no. and OPD days (if any) | Photograph of the faculty  |
|--------|-------------------|---------------------------|-------------|---|-------------------------|---|---|-------------------------------|--|
| 1.     | Dr. Raisur Rahman | M.D                       | Professor   | Teaching Experience - 32 years<br><br>Administrative Experience - 13 years<br><br>Advisor Unani – 5 years<br><br>Director General (CCRUM) - 2 years | Moalijat (Medicine)     | Book - 1<br>Highlights of Hijama (Cupping Therapy) : A Legacy of Healing<br><br>Papers - 35<br><br>International papers - 9<br><br>National Papers - 26 | Advisor Unani, Ministry of Ayush , Govt. of India (2013 to 2018)<br><br>Director General, Central Council for Research in Unani Medicine, Ministry of Ayush , Govt. of India (2015 to 2017)<br><br><u>Awards :</u><br>Ideal Teacher of the Institute (1997)<br><br>Hakim Ajmal Khan Memorial Society Award (2000)<br><br>First Prize by CCIM on | 1 (Monday)                    |  |

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|    |                     |     |                     | <p>Assistant Medical Superintendent – 4 years</p> <p>Deputy Medical Superintendent – 3 years</p> <p>Assistant Deputy Medical Superintendent – 1 years</p> <p>Total - 32 years</p> |                     |  | <p>delivering lecture named 'Teaching Methodology on the Subject of Kulliyat at PG level' (2002)</p> <p>Lifetime achievement award by AIIMS New Delhi (2014)</p> <p>Hakim Ahmad Ashraf Memorial Global Award by Hakeem Ahmad Ashraf Memorial Society, Hyderabad (2014)</p> <p>Lifetime Achievement Award by Hakim Ajmal Khan Memorial Society, New Delhi (2017)</p>  |                            |  |
| 2. | Dr. Shahana waz Ali | M.D | Associate Professor | <p>Teaching Experience - 24 years</p> <p>Clinical Experience (Unani Physician)- 35 years</p> <p>Total - 35 years</p>  | Moalijat (Medicine) | <p>Book – 1 (Amraz e Qalb)</p> <p>Participation in various National &amp; International Seminars, Conferences and workshops.</p> | <p>Since his student life he is continuously engaged in Matab and Nuskha nawesi with Mufrad advia. He has guided thesis work of M.D. students and attended many National and International conferences, workshop and seminars and presented his work and delivered invited lectures. He diagnosis the patients exclusively in the light of unani parameters and his a vast clinical experience of more than two decades.</p> | 2<br>Thursday,<br>Saturday |  |

|    |                        |      |                     |   |                     |  |   |                                       |  |
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| 3. | Dr. Naseem Akhtar Khan | M.D. | Associate Professor | <p>Clinical experience as Clinical registrar (Moalijat) – 2 years</p> <p>Teaching Experience - 19 years</p> <p>Total - 21 Years</p> | Moalijat (Medicine) | <p>Book -1</p> <p>Under publication titled 'Nafsiyati Amraz'</p> <p>Paper – 3</p> <p>Presented in national and international seminars and conferences.</p> <p>8 paper/ abstract published in journals</p> <p>Participation in 23 international /national seminars/ conferences/ workshops.</p> | <p>Awards:</p> <p>Distinguished service Award in perfect health mela govt. of NCT of delhi 15<sup>th</sup> feb 2002</p> <p>Award for Outstanding contribution to the successful organization of Perfect Health Parade 9<sup>th</sup> April 2008</p> <p>Dhanwantri Award for outstanding contributor to unani 27<sup>th</sup> August 2013</p> <p>Rajiv Gandhi Achievement Award for uplifting of Unani Medicine 20<sup>th</sup> August 2015</p> <p>Successfully completed nine professional training program for skill development</p> | 3<br>Tuesday,<br>Wednesday,<br>Friday |  |
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#### Departmental Activities:

Department of Moalijat (Medicine) is actively engaged in Theoretical and Practical Teaching and also Clinical Training of Under graduate and Post graduate students. Weekly Clinical & Departmental seminars, clinical demonstration for UG & PG students and also provide training in teaching and research at post graduate level.

- 6 days OPDs
- Geriatric OPD for senior citizen
- Diabetic screening & counseling OPD
- In patient department facility

## **Research Work:**

### **1. Thrust Area :**

- Metabolic / Life style diseases (Diabetes Mellitus, Obesity)
- Preventive Cardiology (Hypertension, Hyperlipidemia)
- Renal disorders (Renal and vesicle calculus, Diabetic nephropathy, chronic UTI, Chronic Kidney Disease)
- Hepatic diseases (Chronic Hepatitis, Infective hepatitis, jaundice, Fatty liver disease)
- Gastro Intestinal disease ( Peptic ulcer , gastritis, chronic diarrhea / dysentery, Irritable bowel syndrome, chronic constipation, haemorrhoides)
- Neurological diseases / Psychiatric disorders (Anxiety neurosis, Mental disorders, Migraine, chronic haedache, Depression, Schizophrenia, Epilepsy, Tremors, Paralytic disorders)
- Skin diseases (Vitiligo , Eczema, Psoriasis)
- Respiratory diseases (Sinusitis, Bronchial Asthma, Allergic bronchitis)
- Sexual Diseases ( Sexual disability, erectile dysfunction, premature ejaculation, Oligospermia)
- Musculoskeletal Disorders (Osteoarthritis, Gout, Osteoporosis, rheumatoid arthritis)
- Adjuvant therapy to improve to immune system
- Anaemia , Malnutrition

### **2. On going research projects :**

- I. A Clinical study on Zighatuddam Qawi Ibitdai (Essential Hypertension) and its Management with Unani Formulation, A Randomized Controlled Study.
- II. A Clinical Study on Ziabetes Shakri Qism Doem (Diabetes Mellitus Type 2) and its Management with Unani Formulation, A Randomized Standard Controlled Study.
- III. A Clinical study on Acne Vulgaris (Basoor e labaniya) and its Management with Unani Formulation, A Randomized Controlled Study.
- IV. A clinical study on Oligozoospermia and its treatment with a Unani single herb.
- V. A clinical Study on the Comparative Assessment for the treatment of Gouty Arthritis with extract and crude form of the Unani Polyherbal Formulation.
- VI. A Clinical study on Overactive bladder and its Management with a classical Unani Polyherbal formulation.

### **3. Completed research projects :**

- A Clinical Study on the Management of First and Second Degree Haemorrhoids with combined oral and topical formulations.
- Clinical Study on intestinal amoebiasis and evaluation of safety & efficacy of Bel (Aeglemarmelose) and Maror phali (Helicteresisora) in its Treatment.
- A Study on Gouty Arthritis & Efficacy of a Unani Formulation in its Management.
- A Clinical Study on Hyperlipidemia and its Management with a Unani Formulation.
- A clinical study on pelvic inflammatory disease and its management with capsule Dabidulward.
- An open, Randomized standard controlled clinical trial to evaluate efficacy of formulation in the treatment of Qooba (Dermatophytosis)

- A Clinical study on Oligozoospermia and its Management with a Unani Formulation.
- An Open, Randomized Standard Controlled Clinical trial to Evaluate efficacy safety of Unani formulation 'Tab Damvi' in Soo ul Qinya.
- An Open, Randomized Standard Controlled Clinical trial to evaluate efficacy of unani formulation in Niqras (Gout).
- A clinical, Open Randomized , Standard control trail to evaluate the efficacy & safety of unani formulation Qurs e Suzak in Tadia e Majra e baul (UTI).

**Any other relevant detail regarding the Department :**

Department of Moalijat (Medicine) has a vision to develop speciality in different fields of Unani Medicine like Chronic Gastro-intestinal disorders, Liver disorder, Preventive Cardiology, Metabolic, Degenerative disorders, Life style diseases, Skin diseases and Adjuvant therapy to improve immune system etc. in addition to the above, Amraz e Nafsani wa Aisabi ( Psychosomatic disorders) is one of the field of specialization which requires much attention, similarly Sexual and hormonal disorders are becoming more common due to stress and strain of modern era.

**Photographs of the Department/Departmental Activity:**



**Moalijat OPD**



**Moalijat IPD**



**Departmental Seminar**